Gunnedah South Public School

"With oar and sail"

Thursday 21st May 2015 TERM 2 WEEK 5

Special points of interest:

- Music Eisteddfod 21st-23rd May
- Gunnedah Eisteddfod– Instruments

Principal: Mrs Emma Jeffery

Deputy Principal: Mr Graham Conn

School Captains: Lucy Jackson and Zachary Griffin

Administration Manager: Mrs Kerryn Pryor

Assistant Principals: Mr William Dowe, Miss Aylish Flannery, Mrs Judy McGowan, Mrs Nicole Walsh

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School Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 May	18	19 Southern Rugby Union Trials	20 Bookfair Finishes	21 Southern Netball Trials Music Eisteddfod 21st-23rd May	22
6 May	25 Future Leaders Course– Captains and Prefects Speech & Drama Eisteddfod 25th- 28th May	26	27	28	29 Northwest Rugby Union & Netball Trials Gunnedah Eisteddfod- Instruments
7 June	1	2 PSSA Girls Football– Camden PSSA 11yrs Rugby League– Tamworth	3 Zone Girls Softball trials	4	5
8 June	8 Queen's Birthday Holiday	9	10 Northwest Girls Softball	11	12 Northwest Cross Country

Gunnedah South Public School

Proud supporters of the "You Can Do It" Program

CONFIDENCE

Supporting & caring for your children.

A few words from our Deputy Principal…

Dear Parents and Carers,

Eisteddfod

The Gunnedah Eisteddfod is off and running for 2015. All the learning of lines, rehearsing songs and perfecting dance moves have been done and now it is time to put the performance on the big stage. Today I had the chance to have a look at some final rehearsals and was very impressed with the singing and choreography that had come together to make a special item. Thanks must go to all the staff and students who have put a huge effort into getting ready for this event. Mr Dowe, better known in some circles as Mr Eisteddfod, was confident that many of the items were going to achieve well in competition. With his experience I can only be guided by his judgement.

Mrs Passfield has done a tremendous job in coordinating the Gunnedah South contingent for the Eisteddfod this year. The students are all very excited to be performing on the big stage. There will be a number of items being performed in coming weeks at various schools in Gunnedah. Class teachers will keep you posted on when and where your children are performing.

Naplan

Annual Naplan testing has been conducted at school and my congratulations must go to students who completed the tests with a minimum of fuss. It can be a stressful time for students, teachers and parents but it went quite smoothly. Thanks must go to all involved. The organisation and preparation put in by the teachers is much appreciated. I know this can be a stressful time but we must all remember NAPLAN testing is a snapshot of students on one day of the year. It does give us important information in regards to curriculum but there is so much that NAPLAN results don't show about our wonderful students. The results will be released later in the year.

Around the Grounds

It has been a very busy time in sport in recent weeks. Both the boys and girls had a win in the soccer against Quirindi PS. The atmosphere at the matches was excellent and it was great to see the support that the teams gave each other. The skills level on display was tremendous and I must thank Mrs Michelsen and Mrs Conn for the time and effort they have put into preparing the teams for competition. I was very impressed with the skill level and school spirit from both groups. I may be able to work on some of those things with the Gunnedah Leather Processors U7s.

Our Netballers have been swiftly disposing of their competition and playing well. The team are combining well under the expert guidance of Mrs Thomson. I am looking forward to seeing their success continue.

In rugby league our boys had a win over Boggabri and now move on to play Nemingha in a week or so. The skill level, once again, is quite impressive and I'm sure the boys will provide tough opposition for anyone the come up against. Thanks to Miss Small (Bellamy) and Mr Price (Sheens) for their work in preparing our rugby league team.

In rugby union a number of boy's trialled for the Southern zone team on Tuesday. Many of the boys were close to selection with some good performances on what was a gruelling day. Archie Waerea was selected in the Southern team and will be aiming for selection in the North West team on Friday 29th May in Tamworth.

Best job in the world,

Graham Conn

Deputy Principal

For Your Information...

*There have been confirmed cases of **Hand, Foot and Mouth disease** here at Gunnedah South School.*

If your child has any of the signs or symptoms please make an appointment to visit your local GP. A doctor's certificate should be requested and brought in to school when your child returns.

Hand foot and mouth disease (HFMD) is a viral infection. It is not linked to the foot and mouth disease that affect animals. HFMD is mainly seen in children under the age of ten or in young adults. It is easily spread from one person to another.

Signs and symptoms

Symptoms usually start three to seven days after catching the infection and can last between seven to 10 days. Admission to hospital is rarely needed. The common signs and symptoms include:

- high temperature (fever)
- sore throat
- small blisters on the inside of the mouth, the sides of the tongue, palms of the hands, fingers, soles of the feet and nappy area (the blisters should not be itchy like chickenpox blisters).
- poor appetite
- drinking and eating can be painful because of the mouth blisters
- tiredness

How is it spread

The main way HFMD is spread is by touching the fluid from inside the blisters, and fluids from the nose, mouth and chest (spread from sneezing and coughing). It can also be in bowel movements (poo) for up to several weeks after being infected.

How to stop it spreading

- Washing hands after touching these bodily fluids is the best way to prevent the spread of HFMD.
- Not sharing items like cutlery, drinking cups, towels, toothbrushes and clothing will help to reduce the spread to others.
- Your child should stay home from school, crèche, play group, kindergarten, or child care until all the fluid in the blisters has dried.

Treatment

- There is no treatment for HFMD. Because it is a virus antibiotics will not work to treat it.
- Give pain relief for mouth blisters. Ask your pharmacist or family doctor about what medicines are good to use.
- Give your child frequent sips of water. This will stop them from becoming dehydrated.
- Leave blisters to dry naturally. Do not pierce them.
- If your child gets a headache, stiff neck or back pain immediately seek medical advice from your family doctor or an emergency department

Key points to remember

- Hand foot and mouth disease is easily spread from one person to another
- It is not life threatening
- There are no specific treatments, vaccine or cure
- If your child has symptoms of a headache, stiff neck or back pain, immediately seek medical advice.
- There is no known risk to pregnant women or their unborn babies.

For more information

- ***It is most beneficial to gain further information from your family doctor (GP) or Maternal and Child Health Nurse***
- www.health.vic.gov.au/ideas
- www.cdc.gov/ncidod/
- www.health.nsw.gov.au

Merit Certificates

Silver

Mia Swain, Alyssa Wise, Harry Ryman, Lillian Jeffery, Harry Thomson, Kye Perrett-Scott, Abbie Passfield, Dylan White, Taylor McDonald, Zeb Dillon

Gold

Dylan White, Taylor McDonald

Canteen Roster

Volunteers are needed for term 2.

If you are interested in helping in the Canteen please contact Sharon Tydd or leave a message with the office.

Stage 3 Rotations Term 2

Week 6—B	Monday - 25/5	Tuesday - 26/5	Wednesday - 27/5	Thursday-28/5	Friday - 29/5
Mr Sumpter - Tech	6F	6C	HOME		S
Mrs Conn -Science	5M	6F	CLASS		P
Miss Flannery - CAPA	5S	5M	Y.C.D.I.		O
Mrs Michelsen-PD/H/PE	5/6S	5S	Child Protection		R
Miss Small –HSIE	6C	5/6S	Pers. Dev.		T

North West Rugby League

Three of our boys played their best game and were successful in being selected for the North West PSSA Rugby League team. Congratulation boys!

Jackson **Crowe 12's**
Bastian Short 11's
Trent White 11's
(absent)

Round 2 2015 Classic Shield

On Monday 18th May we played Boggabri Public School in the round two of the 2015 Classic Shield. The team played an outstanding game to come out winners with the score of 48 - 28.

Unfortunately, we were missing one of our North West Representatives (Trent White) who is recovering from an injury. Get well soon Trent!

Both Kurt Fisher and Bastian Short scored three tries. Jackson Crowe scored two and Dylan White, Jack Burges, Jayden Winsor and Ashton Self all scored a try each. The players all played a great game, particularly Bastian Short who was named Man of the Match. The team will now proceed through to the third round and play Nemingha Public School in Tamworth. We would like to thank Sam Lumby for volunteering his time to referee. A great game team!

Charlotte Eather progresses up the field after one of many great runs.

The 15 players of the Open Rugby League Team.

CWA Competition

It's time again to enter into the CWA International Day Competition.

This year the country of study is Italy.

Students in years 3, 4, 5 & 6 are invited to create a poster about Italy.

Posters need to be completed on A3 paper. On the back of the poster please print:

Student Name

Gunnedah South PS

Student's Age

Gunnedah Eisteddfod - Class Performance Details

When?	Where?	Who?	Section
Thursday 21st May	St Xavier's Hall	4P & 4M	Primary Musical Theme Section
		Primary Choir	Primary Choral & Group
		Primary Dance Group	Interpretive Performance
		3H & 3S	Primary Musical Entertainment
		4D & 3/4M	Primary Musical Entertainment
		School Band	Primary Instrumental
Friday 22nd May	St Xavier's Hall	Infants Choir	Infants School Choir/Organisation
		1M, 1R & 1S	Infants Musical Theme Section
		2W & 2S	Infants Musical Theme Section
		1W & 1H	Infants Musical Theme Section
		KA, KM & KR	Infants Musical Entertainment
		KT & KS	Infants Musical Entertainment
Monday 25th May 9.30am Session 1	Gunnedah South PS Hall	5M & 5S	Choral Speech
		2Z & 2SW	Choral Speech
Wednesday 27th May 9.15am Session One		5/6S	One Act Play
		6F	One Act Play
		6C	One Act Play
Wednesday 27th May 1.30pm Session Two		Individual students from 5/6S	Restricted Recitations

Shell Questacon Science Circus

The *Shell* Questacon *Science Circus* is not only wonderful for students-it's great for teachers too!

The *Science Circus* currently offers the PD Workshop: 'Hands-On Science Activities to Inspire Students and Teachers'

When: 16th & 17th June 2015
Cost: $5.00 per student
Please return Notes and money to school **by Monday 1st June 2015**

Regards
Mrs Conn

Questacon Science Circus hands on science activities 16th & 17th June
Cost $ 5.00 per student

Name :_____ **Class:** _____

Signed Parent: _____ Date: _____

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