



Friday 16th November, 2018

# Gunnedah South Public School Newsletter

## Term 4 – Week 6, 2018

**Monday 19th November**

**PBL Reward Time**

Come dressed in your

**Green, Purple and Orange**

to celebrate being

**Safe, Respectful Learners**

so far this term!!

	Sport Photos	8.30am
Tuesday 20th November	Luke Kennedy- Parent session at High School	6pm
Thursday 22nd November	NRMA Science and Road Safety Day	9am
Friday 23rd November	Week 6 Assembly	11.15am

## Term 4 – Week 7, 2018

Monday 26th to Friday 30th November	Swim School	Various time slots throughout each day
Thursday 29th November	PBL Playground Craze Concert	Morning & Middle Sessions



THE SPIRIT  
LIVES  
2014 - 2018

### Remembrance Day 2018

Thank you to our Vice Captains Isabella and Cooper for representing our school at the Remembrance Day Service at the Gunnedah Cenotaph. Our two students and other students who attended displayed exceptionally respectful behaviour and should be commended for their excellent school representation.



On Monday we held a Remembrance Day Service at Gunnedah South Public School which was attended by all classes. Congratulations is also extended to our student leaders who ran the school Remembrance Day assembly with dignity and respect. Also thank you to our students who showed exceptional behaviour during this assembly.

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12/11/2018

Dear Parents,

### **Pertussis (whooping cough) at Gunnedah South Public School**

A child who attends our school has been diagnosed with pertussis (whooping cough). If your children's immunisation is up to date, no other intervention is required. I am writing to provide advice and to ask that you watch out for the symptoms of pertussis in you/your child over the next two weeks.

#### **What is pertussis?**

Pertussis is an infection of the throat that can cause bouts of coughing, and sometimes breathing difficulties and vomiting. It can be a very serious infection in small children. The illness can last for many weeks. It usually starts with a snuffle or a cold.

#### **What should people who develop pertussis symptoms do?**

If your child develops symptoms, please take your child and this letter to your local doctor as soon as possible. Your doctor can advise whether pertussis is likely and arrange for early treatment if needed. Treating people who have pertussis with antibiotics can stop the infection spreading, but is more effective if started early.

To help prevent this infection spreading, people who have been diagnosed with pertussis should not attend childcare until they have completed the first 5 days of a course of the recommended antibiotics.

If antibiotics cannot be taken, then they must stay away for 3 weeks after onset of the cough.

#### **How is it prevented?**

Vaccination is the most important way of reducing pertussis in our community. It is important to double check that your child is fully up to date with his or her immunisations against pertussis. Children born from October 1, 2014 will now receive a booster at 18 months.

**Children can receive their pre-school vaccinations from 4 years of age.** If in doubt, please ask your doctor to check.

While the pertussis vaccination greatly reduces the risk of disease, there is still a chance your child could get pertussis even if they have been fully vaccinated.

Antibiotics are not required and we do not recommend that children are excluded if they remain well.

#### **Need more information?**

For more information, please see the Pertussis Fact sheet from the website below

[www.health.nsw.gov.au/Infectious/whoopingcough](http://www.health.nsw.gov.au/Infectious/whoopingcough)

If you have any further concerns please call the Hunter New England Public Health Unit on 49246477 (Wallsend).

Yours sincerely,



Michelle Cutmore

Clinical Nurse Consultant

Per

David Durrheim

**Director Health Protection,  
Population Health**



Dear Parents and Community Members,

It has been another amazing week at Gunnedah South and its hard to believe that we are over half way through the term. This week we welcomed a new teacher to our school Miss Edith Lennon. Miss Lennon will be working across all classrooms for the remainder of the year and will take up a permanent teaching position here at Gunnedah South at the beginning of 2019.

### **2019 – Round 1 Captain Speeches**

Our Year 5 students had the opportunity to listen to speeches from 42 of their peers. They have all indicated an interest in taking on a leadership role in 2019 as part of the Gunnedah South Leadership Team. I would personally like to congratulate every student who made the effort and encourage parents to commend their children on this public speaking effort. The second round of Speeches will occur on the 4th of December and more details will follow.

### **Last Kindergarten Transition for 2018**

Today was our last day of Kindergarten Transition for our new 2019 students. Our transition students have enjoyed learning about the Rainbow Fish, completing science experiments and hands on mathematics. What was a clear highlight for our transition students was the opportunity to meet Southy and Mr Young our School Education Director!

I would like to take this opportunity to thank Mrs McGowan and her team for organising our 2018 transition program. More information regarding Kindergarten assessments in the first week of school will be sent out in early January. All Kindergarten students officially start school on Monday of Week 2, 2019 (4th of February).

### **Sport Selection for 2019**

Namoi Partner Schools (Public Schools) will be joining together to provide quality weekly sporting opportunities for all students within our schools.

Students from Kindergarten –to year 2 will be involved in the following rotations (hosted at Gunnedah South).

- Kindergarten – Games focussing on gross motor fundamental movement skills and drama.
- Year 1 – Activities focussing on hand-eye coordination and early game skills with drama incorporated in Term 2.
- Year 2 – Will be focussing on early game skills and playing modified sports.

Each term, students from Years 3 to 6 will have a sport choice and details are on the following page. Please ensure nomination forms are returned by Monday to the office if you would like to choose which sport your child participates in.

### **Presentation Day**

This year our Presentation day is on Wednesday 12th of December commencing at 9:30am at the Town Hall. Our program should hopefully be concluded by 11am with the trial format for 2018.

### **Special Thanks**

Finally, we'd like to say a very special thank you to our local CWA for their generous donation of \$5000 to the Namoi Partner Schools to help us help students of our farming communities.



Have a great weekend,

*Pete Baum*

Principal



## *Gunnedah South Public School - Stage 2 & 3 Sport 2019*

Dear Parents and Caregivers.

We are proud to announce that as part of our Namoi Partner Schools initiative, all local primary schools within the partnership will be joining together to provide quality weekly sporting opportunities for all students within schools.

Each term students from Years 3 to 6 inclusive will be asked to select three sports from the list below, with their first choice being their preferred option. Wherever possible, we will endeavour to ensure that each child receives their first choice. However, this is dependent on sport/coach availability in addition to participation numbers.

Sport in Terms 1 and 4 of 2019 will run for 5 weeks, whereas sport in Terms 2 and 3 will run for 8 weeks. With each sport being run by a combination of local coaches and qualified school staff in conjunction with local sporting groups.

The sport selections for 2019:

<b><u>Term 1</u></b>	<b><u>Term 2</u></b>	<b><u>Term 3</u></b>	<b><u>Term 4</u></b>
Archery	Archery	Archery	Archery
Tennis	Tennis	Tennis	Tennis
Tabloids	Tabloids	Tabloids	Tabloids
Basketball	Golf	Golf	Gymnastics
Gymnastics	Lawn Bowls	Lawn Bowls	Cricket
Cricket	Hockey	Fitness/Battle PT	Dance
Dance	Rugby 7's	Rugby 7's	Touch
Touch	Rugby League	Rugby League	Swimming
Swimming	Softball	Softball	Waterpolo
Waterpolo	Volleyball	Volleyball	Volleyball
Ultimate Frisbee	Ultimate Frisbee	Ultimate Frisbee	Ultimate Frisbee
Volleyball	Netball	Netball	League Tag
League Tag	Sensory Sport	Sensory Sport	
Table Tennis	Athletics	Soccer	

We encourage students to use this experience as an opportunity to try new sports that they may not normally have the opportunity to participate in.

We encourage students who are considering trialling for PSSA Zone sports choose options that will help them in furthering their skills in that sport. These might include sports such as swimming, basketball, tennis, soccer, rugby league, hockey and cricket.

Kindest Regards

*Pete Baum*

Principal

# MERIT CERTIFICATES

## TITANIUM

6D Cooper Williams  
6W Tahlia Newman  
5S Seth Certoma  
4P Liam Duff  
4R Hollie Johnstone, Kye Towill

## SILVER

MCS Kobe Knight  
6D Cooper Williams  
6W Indiella Bryers, Hanna Collins  
5P Freya Conn, Mason Guest  
5S Seth Certoma  
4/5H Kodee Bendall, William Dwyer, Finn Leader, Sienna Lennan, Taylah McAllan, Azaria Murray  
4P Jorja Baker, Liam Duff, Ella Mutton, Hayden Sawyer, Maddie Stewart, Lane Torrens, Keaton Walters  
4R Hollie Johnstone, Kye Towill  
3H Hala Daher, Ayrton Neale, Elsa Sparkes  
1F Sienna Swain  
2M Oliver Tudgey-Hennessy  
KA Scarlett Berryman, Marissa Harvey, Harry Langdon  
KR Mason Mackay

## GOLD

MCS Kobe Knight  
6D Cooper Williams  
5S Seth Certoma  
4/5H Kodee Bendall, William Dwyer, Taylah McAllan  
4P Liam Duff  
4R Hollie Johnstone, Kye Towill  
2M Oliver Tudgey-Hennessy

## BRONZE

6D Isabella Sawyer, Cooper Williams  
4/5H Charles De Guzman, Cooper O'Neill  
4M Claire Dowe, Declan Holt, Cruize Moore-Duff, Landon Mortimer, Georgia Oliver  
4P Clive Donnelly, Wyatt Dorrington, Ella Hancox, Charlotte McDonald, Zahlia Milne, Ella Mutton, Damien Preston, Hayden Sawyer, Keaton Walters, Ruby Williams  
4R Hollie Johnstone, Max Mainey, Chantelle Peachy, Kye Towill  
3S Ivy Fouracre, Andrew McMaster, Kendrah Rowlands  
3M Sidney Cooper, Lane O'Donnell, Gavin Sams, Mia Swain  
3H Charlie Barnes, Lucas McKeowen, Dallas Mills, Charlee O'Hearn



**Zero Hero Day**  
**is coming!!!**  
**Monday 10th**  
**December**  
**Stay tuned for**  
**more information**



EVERYONE..... EVERYWHERE..... EVERY TIME

SAFE

RESPECTFUL

LEARNERS



# PBL News



This week our PBL focus was on Confidence. Having confidence is having that little voice inside that says *'I can do this. I might not be perfect and I make mistakes but I'm brave enough to say I can and try.'* Be brave. Be strong. Get it right or wrong. That doesn't matter. Try it out and try it again.

This week we introduced lessons from 'The Playground Craze' program about Confidence. Students participated in activities and looked inside the 'Magic Box' to see the reflection of a 'Confident Me'. Lesson discussions helped to build students capacities to hold a positive and kind mindset. *'All that matters is what I say in my head.'* Be positive, be kind and know that you can do it. Try! It's okay not to know but it's not okay not to try.

Below is a link to the Confidence song from The Playground Craze. GSPS are fortunate to have a visit this term from The Playground Craze. More information about their visit and this program will be provided in the coming weeks. Visit <https://youtu.be/uYGPMldWwpo>

## #World Kindness Day

On Tuesday 13th November it was *World Kindness Day*. It was pleasing to see the random acts of kindness that were performed towards others at school, not only on Tuesday but for the rest of the week. Remember-Be kind to yourself and others!



Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or *the smallest act of caring*, all of which have the potential to turn a life around.

LEO BUSCAGLIA

RANDOM ACTS OF KINDNESS FOUNDATION



No act of kindness, no matter how small is ever wasted!

Challenge yourself to do at least one random act of kindness each and every day.

Are you up for the challenge?

*Being kind, considerate, generous, warm, enthusiastic, encouraging, positive, and polite is always a choice.*

ZERODEAN.COM

# Mathletics

## Term 4, Week 4 Results

### Top Classes

**#1 MC — Average 872 Points per student**

#2 4M — Average 463 Points per student

#3 2M — Average 316 Points per student

### Top Students

#1 Laura Demmery	4M	6390 Points
#2 Abdul Khan	KR	3119 Points
#3 Aleisha Doolan	4P	2540 Points

## P & C News

Tickets are still available for our major raffle, the 10 prizes are fabulous and there will only be 1500 tickets sold.

Tickets can be purchased online at <http://www.trybooking.com/book/event?eid=386463&> or if you would prefer to buy your tickets offline, please leave your name and contact number with the office ladies. A member from the P & C can then get in contact and process the ticket order for you.

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P&C ASSOCIATION  
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& PRIZES

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3. \$750 GROCERY VOUCHER  
4. \$750 PETROL VOUCHER  
5. \$500 PLAYSTATION BUNDLE  
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7. \$100 GIFTCARD  
8. \$100 GIFTCARD  
9. \$100 GIFT CARD  
10. \$100 GIFT CARD

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each

TICKET ENQUIRIES TO: ROMANNE 0429000467

# Yr5 Excursion Highlights from our Nation's Capital...



Year 5 Excursion Highlights  
Exhibition Centre, Mount Ainsley, Old  
Parliament House, The Tent Embassy,  
Questacon and Aquarium and Zoo...  
just to mention a few.

Thank you to our parent volunteers:  
Mrs Lyndall Jewiss and Mr Ron Passfield.







After a 9hr bus ride we were all happy to arrive in our Nation's Capital! We had just enough time to settle into our cabins before dinner and off to the first of the many attractions Canberra has to offer—Telstra Tower. Tuesdays visits were to the National Museum of Australia, Embassy Tour, Museum of Australian Democracy, Parliament House and the Mint, with 10-pin bowling and arcade games after dinner! On Wednesday we went to CSIRO, the War Memorial and Old Parliament House. In the afternoon we visited the National Capital Exhibition before going to the Dinosaur Museum after dinner. Thursday's visits were to Electoral Education, Questacon and the Zoo & Aquarium. It was a massive week and all the students had a lot of fun. Everybody came home extremely tired. Year 5 would like to thank all of the teachers and parents for their organisation and for making sure we all had a fabulous time.





## LUKE KENNEDY

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On the outside he looked strong and confident, on the inside his thoughts would come to haunt him. He was incredibly scared, depressed, anxious, and awkward in social situations. Luke always worried what other people thought about him which led to him committing some harsh acts and missing out on many positive opportunities.

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He opens up the audience's eyes, and mind, to their ego – to the labels that we battle to live up to, and relates his story back to some of the masks the audience would be wearing. He then shows how these labels, and worrying what other people think, is ruining our relationships, following through on ideas (it could be as simple as not making those crucial sales calls, or not putting your hand up in class), happiness, and success in every area of life. Becoming aware of ones ego and labels, is the first step towards releasing it.....

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## FREE PARENT EVENING

With

## LUKE KENNEDY

## 20<sup>TH</sup> NOVEMBER

6pm at the High School

Come along and take the opportunity to hear one of Sydney's best motivational speakers

